

The Oak Tree

President's Message

Well, here we are, the middle of August, the time for sunscreen, water activities, grilling and unfortunately, the potential for hurricane activity. As residents of Palm Coast, we have been extremely fortunate in recent years. A couple of hurricanes have brushed by us but we have been spared a direct hit from a significant storm. The unfortunate by-product of this good fortune can be feelings of complacency, the false belief that since it has not happened is the past, it is unlikely to happen in the future. That assumption is not only inaccurate, but also dangerous. Every summer brings a new storm season with unique conditions and storms of varying strength.

One positive aspect of hurricanes is that unlike earthquakes and tornadoes, they develop a significant distance from our country and tend to move relatively slow. This allows us time to plan and obtain sufficient information with which to make good decisions. Although it often seems so much easier to stay in place and "weather the storm" it may not have the best outcome for you and your family. Think about it, in recent years hurricanes have become generally larger, with higher winds, larger storm surges and increased property damage. A category 4 or 5 storm is an awesome sight that leaves unimaginable damage to persons and property in its wake. Please don't gamble unnecessarily. Make whatever decision will ensure the safety of you and your loved ones. Property can always be replaced, people cannot. By now, you should have received an E-Blast entitled "Severe Weather Event and Hurricane Protocol for Residents". If you have not, please contact Yolanda Cintron at Southern States Management Group and request a copy.

On a more positive note, how about our Village Center Cafe. It may have taken longer than anticipated, but the final result is truly outstanding. Not only is the food as good as ever, but the familiar smiling faces of both the servers and kitchen staff is always a welcome sight. It is kind of like "Cheers", but only better. Kudos to the CDD Board of Supervisors and our Operations Manager Barry Kloptosky, Amenity Manager, John Lucansky and his entire staff. It was a complex, unpredictable, and difficult job that was ultimately done well and thereby continues to be the centerpiece of the Grand Haven amenities

*Submitted by: Rob Carlton, President
Grand Haven Master Association*

GHMA Meeting Schedule

The Board of Directors of the Grand Haven Master Association (GHMA) meets on the next to the last Friday of every month (unless otherwise noted.) All property owners are welcome to attend.

WHEN: 2 PM, Friday, August 22

2 PM, Friday, September 19

2 PM, Friday, October 24

2 PM, Friday, November 21

WHERE: Creekside Amenities Center
2 North Village Parkway

GHMA Board Members

President	Rob Carlton	447-5536	rjcarlton5@aol.com
Vice Pres.	Vic Natiello	986-2274	vicnatiello@aol.com
Treasurer	Ed O'Brien	283-4184	Ed.obrien43@cfl.rr.com
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The Oak Tree

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	Nancy Crouch	Joanna Salkovitz
	Kathleen Krov	Larry Wolfe
	Linda Lake	

The Oak Tree is always looking for articles with ideas and topics for future issues, especially those that would be of interest to Grand Haven residents—Grand Haven activities, clubs, happenings, sporting events, resident volunteer activities and opportunities.

Please contact Nancy Carlton at
ncarlton096@gmail.com with your suggestions

A wise man once said

"Hate has 4 letters but so does Love.

Enemies has 7 letters but so does Friends.

Lying has 5 letters but so does Truth.

Cry has 3 letters but so does Joy.

*Negativity has 10 letters but so does
Positivity."*

Life is 2 sided, choose the better side.

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MADC Corner

Our Trees are what set Grand Haven apart from other communities

We have beautiful oaks on our parkways and on our streets, and beautiful yard trees as well that dominate our landscape.

Our Street Trees offer many benefits for our community. They offer shade, help with the storm water, provide food and shelter for wildlife and they enhance the look of the community as well as add value.

The Live Oak has been selected as the street tree for Grand Haven. It is recommended that these trees be blended with accent trees in and out of the Street Tree Zone and transitioned into the individual landscape of each home site. **But street trees are NOT allowed to be topped.**

The requirement is one street tree for every 30 feet of frontage, rounded down. If your property has 59.7 feet of frontage, then you will only need one street tree. Street trees must be 65 Gallons, 2 ½" caliper and a minimum of 6 feet in height. If you have to **replace the street tree** it must be ***a minimum of 30 gallons and 6 feet in height.***

Wild Oaks replacement street trees shall be of Florida #1 quality or better, a minimum sixty-five (65) gallon, three and a half (3 1/2) inch caliper, ten (10) to twelve (12) feet in height, five (5) to six (6) feet spread with six (6) feet of clearance from the bottom branches to the surrounding sidewalk/curb at the time of planting. Once street trees mature, the clearance from the bottom branches to the surrounding ground is outlined in the Grand Haven Master Association Policy on Tree Trimming.

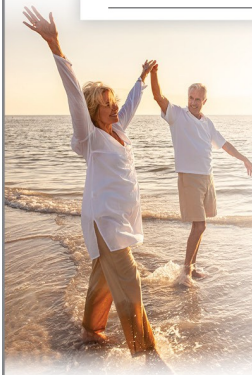
In no case will any property where street trees are required have **less than one (1) street tree.**

We are very fortunate to live in such a beautiful community that loves our trees, helps the environment, and offers us natural beauty and a benefit to our lifestyle.

Submitted by:
Joanna Salkovitz, Chair, MADC



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Financial Advisor
William Verhagen
Senior Advisor
Grand Haven resident for 17 years
Mark Kraus
Financial Advisor



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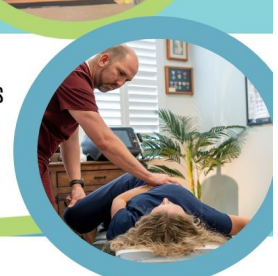
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Did you know?

On non-bulkheaded detention pond banks, property owners are required to maintain a minimum of two staggered rows of *Spartina Bakeri* (Sand Cordgrass). If the bank is large enough to still have more exposed soil, additional rows should be planted, three to four preferred. Plant spacing should be approximately 4 feet apart.

Spartina plants should not be fertilized. The only ground cover permitted on these pond banks is pine straw. No pine bark mulch or stone should be used to suppress weeds.

The banks should be kept free of saplings and weeds. Dead *Spartina* must be replaced.

Trimming these plants is encouraged for safety from wildlife. Do not trim the *Spartina* below 30 inches in height or more than twice a year to prevent killing the plant.



Grand Haven Resident Appointed to District 3 Palm Coast City Council Seat


Longtime Grand Haven resident Dave Sullivan was recently appointed to the Palm Coast City Council District 3 position. This change was due to the unfortunate serious illness of Ray Stevens who had been elected to the position in November 2024, replacing Nick Klufas, for a four-year term. District three includes all Grand Haven and a large part of the City. Sullivan had previously served on the Board of County Commissioners from 2016 through November of 2024, also representing County District three. Councilman Sullivan has stated that it is important that our Grand Haven community have a resident on the Council who understands the needs of our community within the City of Palm Coast. His contact information is below, and he encourages all our residents to contact him if there are questions that he might help with concerning the City. He looks forward to meeting our Grand Haven residents and together look forward to a bright future for both our beautiful community and the City of Palm Coast.

David Sullivan
Council Member, District 3

386-986-3702
386-276-4019
dsullivan@palmcoastgov.com
palmcoast.gov
@palmcoastgov

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QUICK CONTACT NUMBERS

Fire Department.....	386-986-2300
Customer Service.....	386-986-2360
Code Enforcement.....	386-986-3764
Animal Control.....	386-986-2520
Planning & Zoning.....	386-986-3736
Building & Permitting.....	386-986-3780
Parks & Recreation.....	386-986-2323
Aquatics Center.....	386-986-4741

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CDD Corner

This is not your typical CDD Board update...and that is on purpose as I take a moment to observe and reflect on our community!

Let us pause just for a few seconds to appreciate how fortunate we are to call Grand Haven our home. Since moving here in 2013, we felt like we discovered a little slice of heaven. While nothing on Earth is perfect, we are blessed with beautiful amenities, lush landscaping, smooth contoured roads, diverse activities, and, most importantly, great neighbors to share it with.

If you have not yet joined an amenity activity or resident group, please consider this your invitation. Your participation in engaging with the community not only fosters connection, it boosts your health and happiness.

Moving on, we should address the café, its tardy completion and what is next. Yes, the original completion date was announced to us all as January 2025. And yes, the actual completion date was June 10, 2025, and we recognize this six-month delay was not ideal and appreciate your patience.

The factors contributing to the late completion date are numerous and suffice it to say that the CDD Board is attempting to grapple with all the issues, the total renovation costs involved and any remaining construction concerns. The feedback we have received on the café's design, lighting, furniture and especially the bar has been overwhelmingly positive.

The single most frequent negative comment regarding the cafe has been the perception of an increase in the interior background noise level. Many patrons have mentioned the café feels louder inside than expected. The Board is investigating cost-effective acoustic treatments, and we will implement the best solution.

We are committed to improving life at Grand Haven every day. We appreciate your understanding regarding the café timing and your invaluable feedback. Together, we will continue making our community truly special and please realize that your participation is the heartbeat of Grand Haven.

Submitted by:
John Chism,
CDD Supervisor
#4



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Location:
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Flagler Palm Coast High School

Reports to: Student Success Coordinator

Volunteer Benefits: Creating a long lasting bond, strengthen lessons you've already learned, having an aspect of the current generation.

Time Commitment:
Long term: 3-4 Years
(freshman until they are a senior)
Short term: Meet with them once a week or minimum of twice a month for 30 minutes (in person, virtually, over the phone) Aug/Sept until last day of school in May

Requirements:

- Submit an application
- Pass a background check
- Complete training video
- Input their own TSIC mentor sessions

How to Apply?

Contact Selina Hernandez
Hernandezs@flaglerschools.com
or scan the QR code.



FIND MORE INFORMATION AT OUR OFFICIAL WEBSITE
FLAGLEREDFOUNDATION.ORG/WHAT-WE-DO

Grand Haven Residents Support the Turtle Trail

On May 22 a large crowd gathered at the park at Waterfront Park Drive and Colbert Lane, a private park owned by Grand Haven residents Bill and Pat Verhagen yet open to the public to enjoy. The main attraction was **HETTY**, a public art sculpture added to the Turtle Trail. Hetty technically became Turtle #23, however, in memory of **Quilty** who was turtle #6 and stolen from that very site in 2022, it was declared HETTY to be #6.1 – the Verhagens provided the financial support sponsoring both these turtles.

Bill Verhagen's parents were both born and raised in The Netherlands before immigrating in the early 1950's. They trace their family roots in The Netherlands all the way back to the late 1600's. The Delft Blue windmill on Hetty's shell drew inspiration from a vase that has been handed down through the family for a few generations. In honor of Bill's first cousin, Hetty Peereboom, with whom he maintains a close relationship, the turtle has been named **Hetty**.

Grand Haven resident Bettie Eubanks created this masterpiece inspired by Dutch artist Johannes Vermeer, as well as the brushstrokes behind the beautiful **QUILTY**. Vermeer was from Delft, The Netherlands, which is where Delft pottery started in the 1600's based on influence from Chinese porcelain that was coming in from trade with China by the Dutch East India Company.



Other Grand Haven turtle artists present were Tom Anastasio (Claude #1); Sheryl Fletcher Coon (Max #22) and Jan Jackson (Vincent #9).

The Flagler County Cultural Council (FC3) coordinates the Turtle Trail. New Turtle Trail maps were distributed at the park and can be picked up from the Palm Coast Historical Society Museum in Holland Park (where you will find Garfield turtle #7) or the Tourist Development office at 120 Airport Road, Suite 3.

Submitted by: Nancy Crouch, FC3

Photo credit: Danielle Anderson, Flagler News Weekly

A reward sponsored by Northeast Crime Stoppers (888-277-8477) up to \$5,000 is still active for the safe return of Quilty.

In Memoriam

The GHMA Board mourns the loss of one of its former board members, Patty Stauffer. Patty served on the GHMA board from January, 2011 to January, 2013. She also served as Editor of the Oak Tree until May, 2014.

With over 36 years in the Real Estate industry, Patty made friends with many of her clients. She was well known for her willingness to help both buyers and sellers, often helping them move belongings out of their home. And she took time to introduce new residents to others in the community.

Patty was an active member of the Grand Haven Woman's Club for the last 13 years. Her creative talents were apparent at many of its events from elaborate bows, wreaths and graphics to sponsorship of many events and activities. Her generosity was felt by many community organizations. Her wreath is laid at the Grand Haven Military Memorial each year during the Memorial Day service.

Patty was a very generous member of the Grand Haven community and will be sorely missed by all who knew her. Our thoughts are with Bob, her husband of over 51 years.

Submitted by: Rob Carlton

On behalf of the GHMA Board of Directors

SAVE THE DATE 5th Annual Diabetes Forum

Thursday, November 13

4—5:30 PM

*Grand Haven Golf Club
Coastal Room*

Please join us for an informative presentation on the latest updates in diabetes education and treatment options

Information about topic and speakers will be provided through future eblasts

*This program is being brought to you by
the Grand Haven Woman's Club and the
AdventHealth Foundation*

*For more information, contact Sandy Hollenbeck at
sandyhollen01@gmail.com*



Who are we and What are we all about

Whether you are new to the community or a long time resident, The Haven Family Fund is all about neighbors helping neighbors in a variety of ways.

Transportation

Volunteer drivers take Grand Haven residents to medical appointments.

Rides are available within Flagler County, St. Augustine, Ormond Beach and Daytona.

There is no charge for this service.

Call (386) 597-7585 a few days before an appointment for a ride.

L.A.N.E. (Living Alone Not Easy)

Any Grand Haven resident that lives alone is welcome. Monthly luncheons are announced through the Amenities Office.

In addition to good food and conversation, connections are made.

Each luncheon includes a speaker or a fun activity.

Each attendee pays for the cost of his or her own meal.

Caregiver Support

We support Grand Haven residents who are full time caregivers.

Grand Haven volunteers relieve the caregiver for a few hours at a time.

Volunteers provide a variety of activities for the family member.

Contact Bet Fraioli (cell: 386-503-6947) for further information.

Community Resources

Guidance for local independent, assisted living or memory care facilities.

Call Steve Thress (386) 246-5289 to discuss specific needs and options.

The Flagler County Resource Guide provides information for local agencies.

See the Flagler County website (flaglercounty.org) for the Resource Guide.

Education

Our most frequently attended education program is Estate Organization.

Other programs include fraud protection, CPR, exercise and more.

The Amenities Office announces all programs - no charge for residents.

Our Website

Check out the The Haven Family Fund website:

hff32137.org See additional information and contacts for all the services provided.

Submitted by: Jim Morelewicz

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WHO ARE WE?

We are a group of people that love their Mustangs and get together for scenic drives and lunch. In June our group traveled through the rain to The Mason Jar in Umatilla enjoying sunshine on the return trip. We welcomed new members Kyle & Gene. If you have a Mustang, consider joining us. Meeting dates are the third Monday of the month at 4:30 pm in the Grand Haven Room. Upcoming ride dates, time, and destinations are:



Friday, Sept 19, Mt. Dora Boat tour (Restaurant TBD) 9:00 am
Friday, Nov 7, Nancy Lopez- Villages 11:00 am
Tuesday, Dec 9, Romero's Holiday Party 6:00 pm
Friday, February (TBD) Idle Awhile, Georgetown 11:00 am

The route is determined by alternating members. We meet at the Waterside parking lot at 11 am on ride days. In the event of inclement weather and possible cancellation members are notified by email. If you are interested in joining us on any of our rides contact Kathleen Krov at kkrovphd@gmail.com to be added to the email list.

Submitted by: Kathleen Krov, Grand Haven Mustang Club

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**Please Obey
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STOP Signs**

As you know, Grand Haven is a very active community with walkers, cyclists, runners, etc. Also, many of our streets are narrow and curvy, creating blind spots.

In an effort to keep everyone safe, we urge you to obey speed limits and Stop signs.

Flagler Community Endowment

A New Way to Support Flagler's Future

As Flagler County continues to grow, so do the challenges facing many of our residents—rising housing costs, limited job opportunities, and increasing pressure on local services. In response, a new philanthropic initiative has launched to address these issues in a lasting and locally focused way: the Flagler Community Endowment.

Created by the Community Foundation and United Way of Volusia-Flagler Counties, the endowment is designed to provide permanent, reliable funding to nonprofit organizations that serve Flagler County. What sets this fund apart is its commitment to keeping every donated dollar right here in the community—forever.

According to public data, Flagler lags behind the state average in several key areas: unemployment is higher, housing is less affordable, and job growth isn't keeping pace with population increases. The endowment aims to help local nonprofits close these gaps by supporting expanded services, workforce development, educational opportunities, and more.

To kick-start the initiative, the Community Foundation and United Way contributed \$250,000, along with an additional \$20,000 in grants available to local organizations this year. Founding contributions have also come from longtime community champions including Bob and Michelle Snyder, Intracoastal Bank, and Preston and Lynn Root.

As the fund grows, the Community Foundation will assemble a group of local leaders and advisors to guide the endowment's development, recommend grant priorities, and ensure that funding reaches the areas of greatest need. The goal is to build a permanent resource that evolves with the community and reflects its values.

For residents looking to make a meaningful and lasting impact on Flagler County's future, the Flagler Community Endowment offers a powerful opportunity to give back—and help move our community forward.

To learn more or to contribute, visit FlaglerFund.org.

*Submitted by: Jason Stewart, Philanthropic Advisor
Community Foundation, Volusia-Flagler*

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Grand Haven Woman's Club

While GHWC doesn't hold its first membership meeting until September, it has been a busy summer for several committees. The **Education Committee** held a very successful STUFF Bus drive, which netted over \$6,000 worth of donated school supplies, toiletries and essential items for students in need. Several of the members then worked to "stuff" backpacks for the Back To School Jam. Thanks to all our GH residents who were very generous with their STUFF Bus donations this year.

Arts & Culture Committee has held a couple of events, decorating cowboy hats and a Line Dancing event. **Health & Wellness** members worked on preparing and packaging meals at Our Father's Table and many of our members worked at St. Vincent de Paul as well.

The **Fundraising Committee** is well underway in planning for this year's fundraising events, with a great lineup for this year. Please take a look at these fun ways to support GHWC and the 20+ charities to which it contributes:

Autumn Rhapsody – October 4, 2025 – GH Golf Clubhouse – concert, dinner, dancing – for more information or to purchase tickets, contact Marie Lanier, PaintingwithMarie@gmail.com or 631.457.3271

Day of Games – Friday, January 18, 2026 – PC Community Center – for more information, contact Jenny Scott, bjscott01@aol.com or Jacki Unger, bri-jac2@aol.com.

Denim & Diamonds – Saturday, March 21, 2026 – GH Golf Clubhouse – dinner and dancing – for more information, contact Sandy Hollenbeck, sandyhol-len01@gmail.com.

Nine & Dine – Saturday, April 11, 2026 – GH Golf Club – 9 holes of golf and dinner – for more information, contact Kim Lhota, Lhota.kim@gmail.com

GHWC MSC Cruise – April 26, 2026 – 4 Day Bahamas Cruise aboard MSC Seashore – for more information, contact Pam Walker, Pam@walkeradventures.com. Please note that deadline for cabin reservations is October 18, 2025.

If you are wondering what the Grand Haven Woman's Club does, please visit GHwomansclub.org to learn *Who We Are, What We Do and the Impact We Have*. During the 2024-25 Club year, our members volunteered 11,926 hours, donated \$112,545 in cash and in-kind contributions to 23 local organizations.

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Things You May Not Know About Croquet...

Grand Haven residents are fortunate to have 3 beautiful croquet courts available for all to enjoy. All the equipment necessary for playing is provided at no charge to residents.

There are two games primarily played here at Grand Haven:

Golf Croquet - everyone plays for the same wicket.

When the wicket is scored, everyone plays for the next wicket. First to 7, wins. This game is fun, easy to learn, social, and a great way to begin your croquet journey.

American Six Wicket - a more complex game, requiring a diverse skill set and a lot of strategy. Each player can play multiple shots in one turn and score many wickets. This is possible because striking another ball (roqueting) gives the player two additional shots. By positioning the balls in a specific way, it is possible to score all 12 wickets in one turn. This game is more challenging and a great way to expand your croquet experience once you have developed some foundational skills.

There are numerous opportunities for GH residents to learn how to play. Beginner classes are offered periodically. Prior to our weekly Wine and Wickets social, there is a 60-minute introduction to croquet followed by low-key games. There are 30 hours of scheduled play each week for both games geared towards different skill levels. Anyone can show up at these times knowing they will have players to play with. Check out all our activities on our newly revamped website at ghcroquetclub.com.

Croquet is a great way to spend time with friends you haven't met yet and can be enjoyed by those of all ages. It can help you stay active, if certain sports are no longer an option. One of our founding club members is still quite an accomplished player at 94 years young!

I encourage you to come out, give it a try and experience this great game for yourselves along the way.

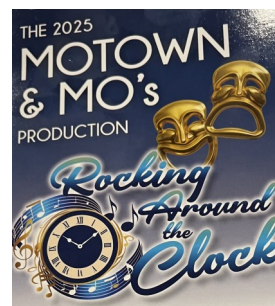
Submitted by: Howard Chodak, Grand Haven Croquet Club



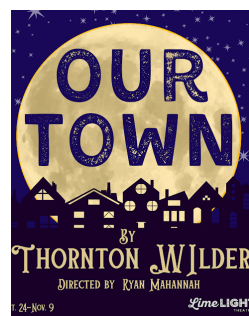
Fun Performances

NUNSENSE
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Limelight Theatre
September 11—
October 5



Fitzgerald Performing
Arts Center
Saturday, October 18
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Fundraiser



Limelight Theatre
October 24—
November 9

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Landscaping Trends

Until fairly recently, one of the greatest status symbols we could have is the "Well Kept Lawn". Yes, that expansive, perfectly manicured, weed free lawn.... the larger the better!

That has changed. That cookie cutter landscape with mostly lawn, the same shrubs lining the house and a few trees here & there.....well, that has become a thing of the past. (think Shag carpeting...) Now we are seeing Beautiful Landscape Designs of mostly Native Plants; trees planted in groups with understory trees, shrubs and flowers connected by turf pathways and smaller areas of thoughtfully placed lawn.

Reality and Environmental Ethics say that it is just illogical to pour ridiculous amounts of water, pesticides and chemical fertilizer onto vast expanses of lawn. Water is becoming a scarce & expensive resource. Lawn Care Service is costly. 40% of the chemicals used by the lawn care industry are carcinogens and are banned in other countries because they cause lymphoma. (Wargo et al. 2003) Scientists aren't guessing; 75 Studies have documented the connection between pesticides and Lymphoma, for example. According to the EPA (2008) between 40 - 60% of fertilizer applied to lawns ends up in our water; including the Florida Aquifer, where it kills organisms and contaminates drinking water. And lawns do little for releasing oxygen, or providing essential ecosystem services. (think oxygen & moisture transpired for starters)

Florida law supports "Florida Friendly Landscaping": 9 Core Principles which provide an integrated approach to landscape practices that conserve and protect water and other natural resources. (Developed by Univ. of Florida UF/IFAS Urban Horticulture Program. Check the website: <http://ffl.ifas.ufl.edu>)

Palm Coast City Code & Grand Haven Architectural Design Standards also support "Florida Friendly Landscaping". By adopting these principles, homeowners can reduce water usage and almost eliminate the use of pesticides and fertilizer. It saves energy and money, and can easily be implemented in comfortable stages.

We'll discuss the 9 Core Principles of Florida Friendly Landscaping in coming articles: Right Plant, Right Place/ Water Efficiently/ Fertilize Appropriately/ Mulch/ Attracting Wildlife/ Manage Yard Pests/ Recycle/ Reduce Stormwater Runoff/ Protect the Waterfront.

Submitted by: Veronica Reinhardt, Master Gardner



Autumn Rhapsody

HOSTED BY THE GRAND HAVEN WOMAN'S CLUB

An Evening of Contemporary Music

Featuring Pianist and Vocalist Joe Hite



Dinner
Cash Bar

Dancing
Raffles

Saturday, October 4, 2025

Grand Haven Golf Clubhouse

5:00—9:00 PM

\$80 per person

Seating limited

For more information and to obtain
tickets, contact Marie Lanier at
PaintingwithMarie@gmail.com
Call or Text 631-457-3271



<https://www.grandhavenwomensclub.com/events>



Let's make and keep Grand Haven Grand!! Excellent efforts by all to keep your property well maintained and in great shape. As we come out of the summer and go into the fall/winter, please make sure:

- Any sidewalk and driveway deflections are addressed
- Lake banks are maintained and have the required amount of spartina (if applicable)
- Your street tree canopy is lifted and in compliance
- Mold/mildew/rust from hard surfaces (driveway/walkway/sidewalk) and the exterior of your property (walls/soffits/roof) is removed
- You are regularly only parking in your driveway and/or garage
- Yard Waste (and/or garbage/recycling) is placed at the curb on the appropriate day (no earlier than the day before designated pickup day)

Having all these items continually tuned in this fall/winter will make the Grand Haven community really shine!! And as always, if you are planning on making changes to the exterior of your property and/or landscaping, please contact our office to go through the approval process prior to making any of those changes/improvements you are considering.

Naturally, if you have any questions regarding the above items and/or any other questions or concerns, please do not hesitate to contact our office at 386-446-6333.

*Submitted by: Troy Railsback, Community Manager
Southern States Management Company*

ONE Experience ONE Network ONE Life



Cornelia Downing Manfre, CCIM
Global Real Estate Advisor

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Grand Haven CERT

GHC is a group of volunteers who have been trained by Flagler County Emergency Operations. We are here in Grand Haven to aid neighbors AFTER an event i.e., hurricane, wildfire, tornado, or other disaster. We can use volunteers of all abilities, as everything we do is not always physical.

Training will help you take care of yourself, and your neighbor both before and after an emergency. We meet in the Grand Haven room monthly on the second Wednesday.

If interested contact Larry Wolfe at lwolfe46@aol.com or 717-377-3510 for information and application.



Registration is now open for one of the most exciting sporting events of the year, the 2025 Palm Coast & the Flagler Beaches Senior Games, presented in partnership with AdventHealth. The event, which begins on September 12, is open to participants ages 50 and up. This year, the city will feature Senior Games events for golf, pickleball, tennis, basketball (free throw shooting), archery, table tennis and the Pink on Parade 5K.

For more information on all events, or to register now, visit <https://www.palmcoast.gov/events/home/details/senior-games>

Thriving Through Motion

No one said aging would be easy—but few warned us how it might limit the things we love to do. At Grand Haven, we believe motion is medicine. Even after surgery or illness, our residents return to the game—because fun and safety are built into everything we offer. In fact, so many of our amenities are geared toward activity, that new residents frequently comment on how thrilled they are to have moved into a “fitness community”!

The pools are a playground for enthusiastic, forever-young ‘athletes’—water walking, splashy volleyball, a wet version of “Move to Music,” ballet, yoga, and weight training!

Bocce and Croquet lure in our fiercely fun ball-game enthusiasts—many of whom admit their bodies creak more than they used to, but their competitive spirit hasn’t aged a day. Around the country, the newest addition to fitness is adaptive sports, like Soft Pickleball on Har-Tru! It’s easy on the joints, low on injuries, and slows the pace just enough for longer rallies, bigger laughs, and less limping off the court.

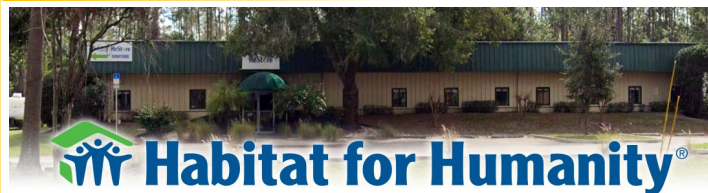
And don’t overlook our gyms at Creekside and the VC. Did you know strength training is like a superhero for your body? It fights muscle loss, strengthens your bones, sharpens your balance, revs up your metabolism, and even gives your mental health a major boost! It’s basically the Swiss Army knife of fitness.

Our personal trainer, Patrice Ambuter, is like the Dumbledore of fitness—she’s a total wizard at creating personalized plans for folks who thought active fun was basically for kids. *Spoiler alert: It’s never too late to get back in the game!*



Even if you’ve spent the last few years on your cozy couch, consider the benefits of participating in active amenities at Grand Haven. Make new friends, play a sport you never imagined you could, join a thriving, friendly “family” that celebrates life (frequently at our terrific new cafe), and turn back the clock!

Submitted by: Linda Lake



Shop, save and support the mission of Flagler Habitat for Humanity.

HELP THE ENVIRONMENT SAVE MONEY HELP THE COMMUNITY

FREE DONATION PICK-UPS

When these donations are sold, the proceeds go directly toward helping Flagler Habitat for Humanity build homes for Flagler families who are in need of safe and affordable housing.

PALM COAST
386.202.2401
5 Hargrove Grade

BUNNELL
386.437.9855
2 West Moody Blvd.

www.flaglerhabitat.com

PROTECT OUR DUNES

THEY'RE MORE THAN JUST SAND

What are dunes?

1 Beach dunes are barriers that protect our coastline from erosion and storm surge. After the recent renourishment, the beach may look different, but the dunes are essential in safeguarding the shore and our community.

Why are they important?

2 They defend against storms by reducing flooding, and preventing erosion. It is also wildlife habitat that holds a diverse ecosystem.

What you can do to help.

3 **STAY OFF THE DUNES! USE DUNE WALKOVERS!**
Walking on dunes damages its structure. Share this post to spread the information!

Stronger Tomorrow.

4 Vegetation will soon be planted to further stabilize the dune, or sand fencing will be erected. Until then, we need your help to protect our coast!

*Sometimes your joy is the
source of your smile, but
sometimes your smile
can be the source
of your joy.*

Amenity Center's Happenings

August

Firewise Presentation—Thursday, August 14

Karaoke—Saturday, August 16

Water Volleyball—Monday, August 18

Trivia—Wednesday, August 20

Bingo—Tuesday, August 26

Prime Rib—Wednesday, August 27

September

Water Volleyball—Mondays, September 1 & 15

Trivia—Wednesday, September 17

Karaoke—Saturday, September 20

Bingo—Tuesday, September 23

Prime Rib—Wednesday, September 24

October

Water Volleyball—Mondays, October 6 & 20

Trivia—Wednesday, October 15

Bingo—Tuesday, October 28

Prime Rib—Wednesday, October 29

November

Water Volleyball—Mondays, November 3 & 17

Trivia—Wednesday, November 19

Bingo—Tuesday, November 25

*Be on the lookout for further
information about each of these
activities from the
Amenity Center emails*

GHMA NEWSLETTER

Grand Haven Master Association, Inc.

P.O. Box 354785

Palm Coast, FL 32135

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Grand Haven Master Association	www.grandhavenmhoa.com	(386) 446-6333
Community Development District (CDD)	www.grandhavencdd.org	(386) 447-1888
Grand Haven Main Gate Guard		(386) 445-2376
Village Center Office	www.grandhavenamenity.com	(386) 447-0192
Village Center Waterside Café		(386) 447-0239
Grand Haven Golf Club	www.grandhavengc.com	(386) 445-2327
Palm Coast Utilities	www.palmcoastgov.com	(386) 986-2360
Palm Coast City Hall		(386) 986-3700